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| Foods 11 Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  WVSS Block: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

**Blueberry Muffins**

**Ingredients**

500 ml Sifted Flour

17 ml Baking Powder

1 ml Salt

175 ml Sugar

1 Egg Beaten

175 ml Milk

50 ml Vegetable Oil

5 ml Vanilla

250 ml Blueberries

**Method:**

1. Preheat oven to 400F. Grease a small loaf pan.
2. In a large bowl, combine dry ingredients. Mix well.
3. Put in blueberries in dry ingredients.
4. Make a well/hole in the dry ingredients.
5. In a small bowl, combine egg, milk, and vegetable oil.
6. Make a well in the centre of the dry ingredients and pour in wet ingredients all at once.
7. Mix only until dry ingredients are moist. Do not over mix.
8. Bake for 25 – 30 minutes.

**Test for Doneness:**

Put in a toothpick, if it comes out clean, then they are done. Or press and see if it bounces back.